



MENTAL HEALTH COUNSELING &
BEHAVIORAL INTERVENTION SUPPORTS

Providing quality mental health care doesn't have to be mentally taxing

When K–12 students struggle with mental health challenges, it's revealed in a variety of behaviors at school: falling grades, trouble concentrating, absenteeism, feeling overly fatigued, dealing with physical pains, acting out, complete withdrawal, or problems building friendships.

The responsibility to help weighs heavily on the hearts and minds of school teams. But, implementing a school- or district-wide program to meet every students' mental health and behavioral needs can feel overwhelming. Let Presence create the plan with you.



Get the help you and your students need and witness real change

Presence provides mental health counseling services, behavioral intervention supports, expert diagnostic and assessment tools, and quality, curated resources to serve all students. We pair you with the experienced, certified professionals you need from our network of licensed clinicians to start a mental health program or accelerate progress you've already made.



Learn more about Presence mental health services, supports, and solutions.
Visit presence.com/mental-health

Services, supports, and solutions

Mental Health Counseling

Individual counseling for students experiencing hard life events. Individual support for students with significant needs or identified emotional disabilities.

Behavior Intervention Supports

Sessions aimed at Tier II behavioral needs. Structured lessons to promote acquisition of behavioral, social, and emotional regulation skills.

Diagnostic and Developmental Screening and Assessment

A full library of assessments by expert publishers are available for direct screening and identification of students needing behavioral and/or mental health services and much more.

Curated Library of Resources

High quality, curated resources included in our platform for the delivery of online counseling sessions and social wellness curriculum topics, such as:

Finding Your Power in Uncertain Times

A 6-week, trauma-informed group therapy program designed to help students struggling with life's current stressors—exclusively developed for Presence by Dr. Isaiah Pickens.

Tiny Guides and Owning Up Curriculum

Cultures of Dignity and Presence partner to provide curriculum highlighting the impact of social media and targeted social-emotional concepts to help students develop relationships.

Health World Education

This is comprehensive mental health, social emotional-learning curriculum with resources that incorporate easy-to-use tools, materials, and activities to make learning fun.

The Presence approach: Helping you get started

If you are early in program development and seeking guidance, we recommend the following:

- 3 individual sessions, for 3 consecutive weeks, 30 minutes per session.
- After 3 weeks, some students will continue with services and new students can rotate into the available seats.
- Counseling continues according to student need and guidance from school staff and the assigned Presence clinician.



Reach out today to discuss this or other program structures that we can use to support your school. For a free consultation, visit presence.com/consultation