

## **Leadership That Sticks**

### **Clarity. Connection. Impact.**

# You said yes to leadership because it matters.





## Why We Lead

## **7**M

### **Students**

Including my daughter

## 100K+

### Volunteers

Just like you

### Mission

Improving the success of children and youth with disabilities and/or gifts and talents

## 1





## Meet my travel coffee maker. maker.

## No judgement, please.





## What Powers You?

Leadership should feel purposeful, possible and appreciated.



## **Leadership That Sticks: The Model**





## Winning at Volunteer Leadership





### **Unsure Leaders**

50% of volunteer leaders feel unsure how to how to maximize their influence in their their organizations and communities.

### **Increase Success**

Success goes up when leaders have clear clear purpose, peer connection, and wellwell-defined roles in their volunteer work. work.

## Power in the Room: Needs & Leads

Reflect and Write One Need and One Lead:

### Needs: Where I need help or ideas

### Leads: My Superpower

What challenges are you you facing?

What strengths can you offer to support others?

Share your needs and leads with your table. Listen for Listen for connections and opportunities to support support each other.





## **Great leadership isn't** isn't about doing everything.

**High impact leaders do what matters** most.

And they make it possible for others to others to do the same.

# Clarity

# Leading with focus and intention.

Who you are. What you bring. Why you lead.



## **Clarity Compass**

### **Purpose | Strengths | Priorities**



### Purpose

Your guiding vision and mission. The "why" behind what you do.

The unique talents you bring. What you do

## **Users Guide to You**

I'm at my best as a leader when...

You'll get the most from me by...

What energizes me is...

I'm not the right person for...



### Hello, I'm Matthew



### The basics you should knc

I'm Matthew, an independent strategy partne teams to help them figure out what to do no

I've helped organisations including LEGO, I Diageo, Klarna, the UK Government, BBC, Un: Books, as well as many lovely smaller busi

I combine strategic foresight, creative in hacker ethic - and love prototyping and mal seeing the big picture and finding a path woods.

I also run Leapers - a community supporting health of the self-employed, which has help people in the past five years, and creator (which is what you're using now).

I'm a single parent, coffee nerd, get easi learning Swedish, love ice-cream, the smell run out of energy at 3pm.

Enter your answer...

### You'll convince me to get on board by ...

Being clear about what you're expecting from me, work with me, not just tell me what to do - and b opportunity, not just farming it out to

### **Exercises**

Here are some activities to help you answer this question:

It really depends. I need to move around hours - I like quirky comfy spaces, as open spaces. I like having some noise a like having my headphones on. I need to from space to space to suit the mood an rather than being tied to a particular

The environments in wh

### The best way to give me

Honest, candidly and written, please.

I need to hear where I could improve th where I've done well. I need to underst are good enough, so I don't over-engine regular check-ins with me are essential not wandering off the path.

I don't accept compliments well, so try them as a good outcome for the project, being good.

### Beyond work, I'm really

I'm a big coffee nerd (actually, I'm tr



# **Tool to Try** manualof.me



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	are good enough, so I don't over-engineer the answer, and Value in a team. regular check-ins with me are essential to make sure I'm not wandering off the path. I don't accept compliments well, so try to and position them as a good outcome for the project, rather than my work being good.		
	Beyond work, I'm really passion to the pub I'm a big coffee nerd (actually, I'm trained as What are the pieces of work you get excited about in front of your friends?		

# o Try alof.me

# urself, others.

ptivation, skill, need and income lie.





What do you need in a brief?



# What's your why?

Lead with purpose. Let it guide your focus and energy.

## Myth vs. Reality

## Myth:

Clarity comes from planning



## **Reality:**

Clarity comes from **subtracting** 



# You can do anything. But you can't do everything.

Clarity is about doing the right things — on purpose and with purpose.





# From Clarity to Connection.

Clarity gives direction. Connection gives momentum.





Map your path by engaging others.

Who you reach. How you listen. What you cultivate.



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# Connection fuels commitment.

# It turns *I don't have time* into *I'll make time*.



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## **Connection Equation**

Personal Ask + Clear Role + Recognition = Engagement





Volunteers are **4x** more likely to return if personally asked to participate



tasks

Offering smaller, clearly defined roles increases participation by **27%** 



### **Recognition Matters**

Celebrating contributions completes the engagement engagement equation



## **Connection Equation**

### **Personal Ask + Clear Role + Recognition = Engagement**



## **The Fluffernutter Principle**

Chunky = bite-<br/>sized, doable rolesSticky = purpose +<br/>recognitionroles

Chunky gets people in. Sticky keeps them engaged.



### The Fluffernutter Principle

### Chunky Ideas for MicroVolunteering





### The Fluffernutter Principle

Chunky Ideas for You!

Use AI to brainstorm, organize, and break your goals into chunks.

Block a set time each week for CEC on your calendar







Connection Planner



**Micro-Roles** Menu

Schedule regular check-in Greate a catalog of small Regularly celebrate and meaningful small tasks touchpoints volunteers can easily pick up



Text > Email

Use more personal, communication channels channels for higher engagement and response response rates



### WhatsApp Group

Create dedicated messaging groups for quick updates and building community



### Win of the Week

## accomplishments

## Making Your Fluffernutter

Let's Brainstorm



Chunk it up

- What are 3 tasks a volunteer could do in <1 hour?
- What stuck on your list that someone else could do?

Make it Sticky

- What would make those tasks fun and engaging?
- What made *you* stay engaged?
- How could you adapt that for others?





Leadership is about making others feel included, valued and successful.

Then we can amplify our impact.

# Impact

Act on what matters.

What you shape. Who you inspire. Where it leads.



## Impact isn't one huge thing.

It's the accumulation of small, intentional actions that matter.

It's the thank you. It's the wins. It's the time you took to reach out.



## What's the impact you want to have?

Impact isn't about how loud your moment is.

It's about how it ripples.
## Quiet mentorship

Who are your quiet mentors?

Who is learning from you?



## **Data & Insight**

### **Consistent Progress**

The #1 driver of motivation is making consistent, meaningful progress.

(HBR, The Progress Principle)

Sustainable leadership is built on small wins, not heroic effort.

Small Wins for

the Win

### **Celebrate Successes**

Teams that celebrate micro-successes are 2x more likely to meet longterm goals.

## **Intentional Energy**

You control the energy you bring into every space, every interaction.

What kind of energy will you choose?

Leadership is more than words. Your energy is the first signal.





## What, So What, Now What– Framework for action

## What's happening?

Objective assessment

## Why does it matter?

Meaning and implications

## Now what can we do?

Action and next steps





## Words matter A Powerful Tool for Intentional Energy

Instead of: Why didn't they...? We don't have...

Try: What's one thing we can do? It would be great if we....

Small word adjustments, big leadership impact.





## Reflect

Think back to a recent meeting or moment where things felt tense, scattered, or uncertain.

What energy did you bring into that space?

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3

Did you make an intentional decision about it?

How might that moment have shifted if you had chosen your energy intentionally?

### **Pair and Share**

What's one kind of energy you want to lead with more often?



# Every pebble strengthens the ripple.

## **IMPACT VS EFFORT**

### Quick **Big projects** wins High impact High impact IMPACT and low effort but high effort **Fill-in Thankless** jobs tasks Low effort Low impact low impact AND high effort EFFORT Low

## What is both achievable and meaningful?

### High



### Try One Slide Meeting Updates

- $\checkmark$  Headline: What others need to know
- $\checkmark$  Wins! What's going well
- $\checkmark$  Walls: Where I need help
- $\checkmark$  Food for Thought discussion question

Use Meeting Time to Discuss 'Now What'

Ask each volunteer to set a goal for their own impact.



## Amplify

## Multiplying Your Leadership

## You have to go outside to grow inside.



## **Needs & Leads in Action**

A simple framework for creating valuable connections and support:



### Needs

Someone needs guidance, ideas or support support from the group.



### Leads

Raise your hand if you have experiences or or ideas to offer, or if you have the same need need and want to be in on this one.



### Connect

exchange.

### Help make the match. Follow-up and create create the space for meaningful exchange.

## Your network is your superpower.

It's your Leadership Power Grid.





## **Modeling Leadership Amps**

Use your own experience to guide how you amplify others:



## **Leadership That Sticks: The Model**





## **Reflections into Action**

## What you focus on, grows.





## Your Leadership Vision



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What impact do I want to have by December 31?

What's one thing I'll do in the next 30 days?

What could get in the way?

Who can support me?



## Leadership that sticks doesn't doesn't stop with you.

It sticks because you live it and and share it.



## Takeaways

## What's one word you're carrying into the rest of today?



Leadership isn't about doing it all.

It's about showing up, being clear on what matters, and helping others do the same.

It's about Clarity, Connection and Impact.





### Ask yourself:





## Because when you do that, you're creating leadership that sticks.



## **Leadership That Sticks**

### **Clarity. Connection. Impact.**

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