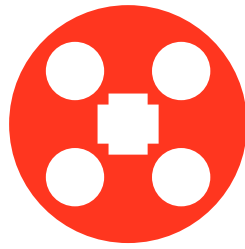


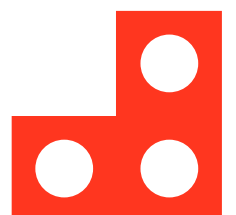
PLAY
INCLUDED



The Brick-by-Brick[®] Programme



We all love to play! That's the ethos behind the Brick-by-Brick[®] programme. Young people work together to build LEGO[®] models – making friends and developing skills all whilst having fun.



About the programme



What is Brick Club?

In Brick Club young people learn through play in a fun, understanding and accepting environment. Building together involves joint decision-making, communication, social interaction, motor skills, creativity, imagination, problem-solving and much more!

The programme is carefully designed to support social and emotional wellbeing and skill development in a playful, low-anxiety and child-led way.



Who is the Brick-by-Brick® programme for?

The Brick-by-Brick® programme is for children and young people of all ages who enjoy building LEGO® models and want to have fun working as a team.

The Brick-by-Brick programme is very flexible and can be adapted to a wide range of ages, strengths and needs. The methodology was originally developed with autism in mind, but we've seen that a wide range of young people can benefit from being a member of Brick Club. After all, everyone needs the opportunity to socialise, make friends and develop new skills!



What is evidence for the Brick-by-Brick® programme?

We know from research that play is fundamental for children's positive development. Studies have shown that the methodology used by the Brick-by-Brick® programme has a positive impact on social and emotional wellbeing in autistic young people, is cost-effective and has high levels of acceptability.

Research shows that it may be especially helpful for neurodivergent children to socialise together and that safe opportunities for collaborative play are important for social and emotional wellbeing.

A few words about us

“When you make friends at Brick Club you know them for the rest of your life” – Thomas, age 10

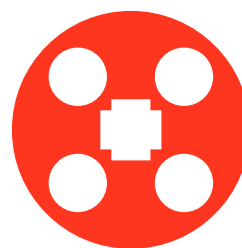
“I think it's something lots of people should be trained in, as it has so many benefits and seems very enjoyable.” –
Alastair,
Clinical Psychologist

“What we've seen from Ben, is that it's changed him completely. He's a lot more confident”
– Alison, parent



Who can deliver the Brick-by-Brick® programme?

Skillful facilitation by a trained professional is really important for children to get the most benefit from Brick Club. Play Included C.I.C. run training courses in the Brick-by-Brick® programme for recognized education, health and social care professionals. Details of the prerequisites of our courses can be found on our website www.playincluded.com.



“One of the best things is that they come in, and it's fun! They're excited' – Ali, Teacher

“Such a fantastic online learning resource! The number of short, high-quality videos makes this training package stand out to me as by far the most engaging one that I've completed online”
– Nicki, Speech and Language
Therapist

“I just wanted to say how much I liked the training. It was professional and well designed, and it was very interesting.”
– Jo, Specialist Teacher

Training



Certified Facilitator

Brick-by-Brick® Programme



Advanced Facilitator

Brick-by-Brick® Programme



Training pathway

Like LEGO® bricks, the Play Included® training levels build on one another to deepen understanding and develop full capabilities in facilitating Brick Clubs. Starting with the online, self-paced **Certified Facilitator** course you can then progress to the recommended **Advanced Facilitator** experiential workshop. We think you'll get really interested in this field, so we are creating a range of specialist **CPD** courses to deepen your knowledge and expertise.



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Want to know more?

Find out more at www.playincluded.com
or email hello@playincluded.com