



Creatures Full of Feelings



WITH THIS CURRICULUM SET, CHILDREN WILL LEARN TO:

- Name, notice, and welcome their feelings
- Practice self-awareness and emotion regulation strategies
- Learn and apply social communication skills
- Develop positive relationships skills in practice with others
- Build connections within their classroom community



OUR CURRICULUM FEATURES:

- 20 Unit Plans
- Trauma-Informed Lens
- Research-Based Best Practices
- Progress Monitoring
- Hands-on Activities
- Learning through music and movement



THIS KIT IS IDEAL FOR:

- Early Childhood Educators
- Special Educators
- School Counselors
- SEL Coaches
- School Social Workers

About the Book

The Hello Feelings anchor book brings young learners into a world where all feelings are welcome! Children are greeted by 15 Slumberkins creatures, each modeling a specific feeling, along with concrete examples for how to embrace a wide range of emotions.

For more information or to place an order, please reach out to HelloFeelings@slumberkins.com