

The Alberta CEC Presents:

A Friday Virtual Workshop Series-"TGI-PD!"



May 13, 2022 at 3:30-4:30 pm. MDT

From Helplessness to Hopefulness



Because of ongoing challenges, they face, children with exceptionalities often develop self-defeating beliefs, convincing themselves that they have limited abilities and control, even in areas of relative strength. These beliefs may compound children's difficulties and further reduce their functioning. This presentation will discuss the strong relationships between attributions, self-concept, and performance, highlighting the negative impact of self-defeating belief systems, and discussing strategies that can move children away from "learned helplessness" and toward "learned hopefulness".

Dr. Shawn Crawford

Dr. Shawn Crawford is a Registered Psychologist in Alberta with over 30 years of experience in providing assessment, consultation and counseling services to children, youth, families and educators. His passions and expertise include the areas of learning, behavioral, and attention difficulties in children, as well as attributions, learned helplessness and positive psychology.

Current CEC members-FREE!

Non CEC members-\$40 CDN for one workshop, \$80 CDN for two workshops, or \$100 CDN for all three! Free for students!

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