## Advocacy 101: How to Advocate Effectively



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1

## The Basics: What is Advocacy?

#### Advocacy is:

- Organized action in support of an idea or cause; constituents educating elected officials
- ➤ The power of collective voice: When we come together around a single cause, we amplify it

#### Can I advocate?

Yes! You do not need to be an expert in policy to advocate, you are already an expert at what you do in this field



2

# The Key Ingredients for Effective Advocacy

- ☑ Being a constituent/bringing forward a local context
- ☑ Presenting expertise or first-hand experience
- ☑ Crafting a compelling case
- Creating relationships



3

## I Don't Follow Politics So I Can't Advocate...

#### Wrong!!!

Your experience and knowledge are invaluable assets to lawmakers.

- Lawmakers are not expert on every issue before them
- Lawmakers rely on outside information to help inform decision making
- You are not expected to be an expert on policymaking— your expertise lies in the work you do every day



4

# Effective Advocacy Accomplishments

- Educating lawmakers about CEC priorities
- ➤ Connecting policy priorities to a Member's home district or state
- Building relationships with Members and staff
- Establishing oneself as an expert on a specific topic and becoming a trusted resource



## **Advocacy Gets Results**

CEC Emergency IDEA Funding Request, March 2020\*

Supporting Children with Disabilities During COVID-19 Act

<sup>\*</sup>Over 8,000 letters sent



## Next Steps

- ➤ Participate in the annual Special Education Legislative Summit, where you can join with your colleagues to advocate!
- ▶ Learn about weekly updates from Washington, DC in the Policy Insider:

Check your inbox on Fridays or find it at <a href="https://exceptionalchildren.org/policy-insider">https://exceptionalchildren.org/policy-insider</a>

Reach out with any questions! Kuna Tavalin, Senior Policy and Advocacy Advisor ktavalin@exceptionalchildren.org



7