

Initial Specialty Set: Physical, Health, and Multiple Disabilities

Initial Preparation Standard 1: Learner Development and Individual Learning Differences		
Knowledge		
PHMD.1.K1	Characteristics, treatment, and course of physical and health disabilities	
PHMD.1.K2	Secondary conditions and treatment options that accompany physical and health disabilities	
PHMD.1.K3	Implications of physical and health disabilities on development and learning	
PHMD.1.K4	Progression of degenerative diseases and the effect on educational performance	
PHMD.1.K5	Issues related to children's perceptions of death and dying	
PHMD.1.K6	Effects of physical disabilities on the way information is processed	
PHMD.1.K7	Functional effects of the type and severity of physical and health disabilities on individual performance	
PHMD.1.K8	Psychosocial effects of physical and health disabilities	
Skills		
PHMD.1.S1	Apply knowledge of characteristics of individual's physical and health disabilities to their treatment interventions	
PHMD.1.S2	Monitor the effects of medication on individual performance	
PHMD.1.S3	Address learned helplessness in individuals with physical and health disabilities	

Initial Preparation Standard 2: Learning Environments

Knowledge	
PHMD.2.K1	Adaptations of educational environments to enhance the potential of individuals with physical and health disabilities
PHMD.2.K2	Barriers to accessibility by individuals with physical and health disabilities
PHMD.2.K3	Evacuation plans and emergency plans for individuals with physical and health disabilities
Skills	
PHMD.2.S1	Use proper positioning techniques and equipment to promote participation in academic and social environments
PHMD.2.S2	Demonstrate proper body mechanics to promote individual and teacher safety in transfer, lifting, positioning, and seating
PHMD.2.S3	Arrange equipment and materials to provide a safe and healthy environment
PHMD.2.S4	Provide information that promotes sensitivity toward and acceptance of those who have physical and health disabilities including communicable diseases
PHMD.2.S5	Create learning environments to develop self-advocacy and independence when working with personal assistants



Initial Preparation Standard 3: Curricular Content Knowledge

Knowledge	
PHMD.3.K1	Continuum of non-symbolic to symbolic forms of communication
PHMD.3.K2	Medical terminology related to physical and health disabilities
PHMD.3.K3	Types and transmission routes of infectious and communicable diseases
Skills	
PHMD.3.S1	Identify sources of specialized materials, equipment, and assistive technology for individuals with physical and health disabilities

Initial Preparation Standard 4: Assessment		
Knowledge		
PHMD.4.K1	Valid and reliable assessment instruments for individuals who have poor motor skills and for those who are nonverbal	
Skills		
PHMD.4.S1	Teach response modes to establish accuracy in the assessment of individuals with physical and health disabilities	
PHMD.4.S2	Select, adapt, and use assessment information when tests are not validated on individuals with physical and health disabilities	
PHMD.4.S3	Modify and adapt tools and procedures within the confines of the standardization process	



Initial Preparation Standard 5: Instructional Planning and Strategies		
Knowledge		
PHMD.5.K1	Adaptations and assistive technology necessary to accommodate the unique characteristics of individuals with physical and health disabilities	
PHMD.5.K2	Strategies for teaching organization and study skills	
PHMD.5.K3	Strategies for teaching adapted physical education and recreational skills	
PHMD.5.K4	Techniques for teaching human sexuality	
PHMD.5.K5	Incorporation of augmentative and assistive communication into instruction and daily living activities	
Skills		
PHMD.5.S1	Use specialized instructional strategies for academic and functional tasks for individuals with physical and health disabilities	
PHMD.5.S2	Use adaptations and assistive technology to provide access to and participation in the general education curriculum	
PHMD.5.S3	Individualize instructional strategies to minimize the functional effects of the disability	
PHMD.5.S4	Teach how to manage and document personal health care procedures in a safe, healthy environment	
PHMD.5.S5	Teach use and management of technology	
PHMD.5.S6	Demonstrate techniques for teaching literacy skills to individuals who are nonverbal	
PHMD.5.S7	Support the use of primary and secondary forms of communication across environments	
PHMD.5.S8	Suggest data-driven adjustments to communication systems	
PHMD.5.S9	Use assistive technology assessment to plan adaptations	
PHMD.5.S10	Integrate individualized health care plan into daily programming	
PHMD.5.S11	Pace instruction based on individual characteristics and health factors	
PHMD.5.S12	Implement data-driven progress monitoring to document and guide instruction	
PHMD.5.S13	Include independent living and postsecondary needs in instructional programming and transitional planning	



Initial Preparation Standard 6: Professional Learning and Ethical Practice

Knowledge	
PHMD.6.K1	Issues and educational definitions of individuals with physical and health disabilities
PHMD.6.K2	Historical foundations of knowledge and practices in physical and health disabilities
PHMD.6.K3	Laws and policies related to providing specialized health care in the educational setting
Skills	
PHMD.6.S1	Articulate key elements of service delivery for individuals with physical and health disabilities
PHMD.6.S2	Participate in the activities of professional organizations in the field of physical and health disabilities

Initial Preparation Standard 7: Collaboration	
Knowledge	
PHMD.7.K1	Roles and responsibilities of school and community-based medical and related services personnel
Skills	
PHMD.7.S1	Collaborate in the selection and implementation of augmentative and alternative communication ad assistive technology
PHMD.7.S2	Use available resources to assist with planning and design of programs for individuals with physical and health disabilities
PHMD.7.S3	Support individuals with exceptional learning needs as members of augmentative and assistive communication and assistive technology selection teams
PHMD.7.S4	Coordinate with related service personnel to maximize direct instruction time for individuals with physical and health disabilities
PHMD.7.S5	Collaborate with service providers, general education teachers, and families to provide integrated services
PHMD.7.S6	Participate in transdisciplinary teams